

I would like to know more about Emmaus.

Name _____

Address _____

City _____

State/Zip _____

Code _____

Telephone _____

E-mail _____

Church/Parish _____

Mail this form to: South
Central Emmaus Community,
C/O First United Methodist
Church of Shelton
188 Rocky Rest Rd.
Shelton, CT 06484

The Emmaus Experience

"Emmaus helped me put things in perspective. My goals changed."

J.G.

"Life - changing..."

S.C.

"I've never felt so accepted in my life. Nobody's fake here."

J.B.

"Emmaus gives me fellowship and growth in Christ."

S.S.

"It's a fun safe place to make new friends."

R.N.

South Central Emmaus
Community

Emmaus Weekend XXII



"Do what is Right, love
Mercy, and walk humbly with
your God."

Micah 6:8 (NLT)

South Central Emmaus Weekend XXII
is scheduled for:

November 13, 14 & 15, 2009

at

St. Michael's Episcopal Church
210 Church Street, Naugatuck, Ct.
Church Office: (203) 729-8249

Susan Rollinson, Rector
203-924-8765

What is an Emmaus weekend?

An Emmaus weekend offers young people of high school age a short course in the Christian way of life. Those who come to an Emmaus weekend experience Christian community, and a time of reflection and insight into their own lives. There is uplifting music, a chance to meet and get to know new friends, and opportunity to know oneself, others and God on a deeper level, and to share the joyful and loving relationship that is central to the Christian experience.

Who can be a candidate?

Generally anyone enrolled in the 9th through 12th grade on the date of the weekend can be a candidate*. Candidates are sponsored by a member of an Emmaus, Chrysalis, Tres Dias or similar community, and applications are accepted on a first come first served basis. The sponsor supports the candidate before, during and after the weekend, offering encouragement and taking care of any special needs.

How many people are there on a weekend?

A team of about 40-50 people serve on a weekend team. About two-thirds of the

*mature 8th graders can participate, too

team are teens and the rest are adults. There are usually 15-20 candidates.

Who leads the weekend?

Two or three ordained clergy serve as spiritual directors for the weekend, but primary responsibility for leadership rests with the laity.

What happens on a weekend?

There are talks about Christian faith followed by small group discussions. Talks and small group leadership are shared by both adults and teen team members. The weekend, which runs from Friday evening to Sunday afternoon, is held in a retreat setting. However, there is no fasting and very little solitude. There is discussion, fellowship, good food, high energy and much fun.

How about religious background?

Candidates come from a wide variety of religious backgrounds. Some may attend worship services regularly, some occasionally, and some almost never. Clergy and adult team members are from many Christian denominations. Worship services follow the order given in the Pilgrim guide given to you on the weekend. Candidates are encouraged to continue as active members of their own regular worship communities after the

weekend. Nothing will be asked of candidates that in any way conflicts with Christian beliefs or Biblical teachings.

What happens after the weekend?

On the first Sunday of each month, many in the community gather at an afternoon reunion at First United Methodist Church of Shelton to meet old and new friends, to share in Christian fellowship, and to continue to support and encourage one another.

How much does the weekend cost?

The total cost is \$45. Scholarships are available.

When and where are the weekends held?

An Emmaus weekend is usually held each spring (May or June) and fall (November). Recent weekends have been hosted at various area churches, including the First United Methodist Church of Shelton at 188 Rocky Rest Road, Shelton, CT, and St. Michael's Episcopal Church, 210 Church Street, Naugatuck, CT.

If you would like more information, please mail the form included on this form or call: First United Methodist Church, Shelton (203) 929-3537, or St. Michael's Episcopal Church, Naugatuck (203)729-8249