

“Tis The Gift To Be Free” Sermon Study Guide for November 8, 2009

Scripture: Philippians 4:8-13

1. Contentment is not natural

Paul says it is a...

Roman prisons

Being “content” =

Contentment Vs. Stoic philosophy

2. Contentment and Simplicity

Where does my soul find satisfaction?

Luke 12:13-21

Discontentment is a...

3. Steps toward simplicity

a. Live within...
“plastic surgery”

b. Ask if this is something you...

Contentment Prayer

Lord, help me to be grateful for what I have, to remember that I don't need most of what I want, and that joy is found in simplicity and generosity.

c. Take care of...

d. Find...

e. Evaluate...

A focus for contentment: Philippians 4:8

Resource for the Steward

Hamilton, Adam. *Enough: Discovering Joy Through Simplicity and Generosity*. Abingdon, 2009.