

**United Methodist Walk To Emmaus**  
North Central New York  
Rev. (Appvd Secretariat 17Nov07)  
Sponsor Guidelines

**(Remove this sheet before giving application to candidate)**

**Sponsors:**

- **Pray for guidance**
- Live the message of the weekend
- Know the goals and methods of Emmaus
- Know your candidate well (personally, spiritually, medical needs)
- Speak to God about your candidate before you speak to him/her
- Explain that Emmaus expects a Christian commitment or re-commitment
- Make sure your candidate is going because he/she wants to and not just as a favor to you
- Transport your candidate to and from the weekend
- Support your candidate with Palanca,
- **Attend** Sponsors' Hour, Holy Hour, Las Mananitas, and the Closing
- Contact your candidate in the 4<sup>th</sup> Day
- Help your candidate to find a permanent Small Group (Grouping)
- Invite/bring your candidate to monthly Ultreya

**Candidates:**

- Should have a desire to grow as a Christian
- Should have an attitude of listening, friendship and a disposition that includes change
- Should have an ability and desire to live in and for a community
- Should understand Emmaus is not just a weekend but is a way of Christian living
- Should have no psychological or emotional problems
- Should be mature, responsible and able to make his or her own decisions
- May be single, married, or divorced. **If married, husband and wife's applications should come in at the same time** – since Emmaus is an experience to be shared even though the weekends are separate. The husband is expected to make his weekend first.

**Procedures:**

- Explain Emmaus, answer questions and help candidates complete the application form (both husband and wife if married), and all blanks on the application must be completed.
- Take candidate's application and addressed envelope to candidate's pastor to complete and mail. Pastor's recommendation is fully confidential.

**Mail all applications to:**

**Tami Farnsworth**  
**PO Box 263**  
**Gorham, NY 14461**  
**585-526-5027**  
**[TLF621@aol.com](mailto:TLF621@aol.com)**

## United Methodist Walk To Emmaus

The Walk To Emmaus is scriptural based on Luke 24:13 f.f. Its goal is to model three days of Christian living. The model is lived out in as cloistered an environment as possible so that the team and candidates can for three days give all their attention to the Walk to Emmaus.

The weekend consists of 15 talks (10 by lay persons, 5 by clergy). The talks move in a progression to help us understand, and experience God's Grace. There is an emphasis on Sacramental grace. The weekend also consists of joyous singing, super meals, and a lot of "clean" jokes and fellowship.

The candidate is encouraged to go back to their local church, family, and community and model a new life in Christ. Men and women have separate weekends because there is a unique openness and strength that comes in all men or women sharing. The movement began as Cursillo over 50 years ago for men only to strengthen men in the church. In recent years women's weekends have begun. For married couples, men should attend first because history teaches us that if it is not that way, many husbands will not ever attend. This would defeat the goal of reaching the men of the church. Single men and women age 21 or over are welcome. Divorced and separated persons are also welcome. All post weekend events are men and women together.

The Walk To Emmaus is a national movement of the United Methodist Church related to the Upper Room. In its local implementation it is usually identified with a conference or area. However, Emmaus is ecumenical in its openness to accept any Christian from any church who seriously wants to deepen their walk with Christ. Such persons will be welcome as candidates and will be fully accepted. There is no labeling in the Walk To Emmaus.

It is a very busy three days beginning at 7:00 pm Thursday and ending about 9:00 pm Sunday. Candidates must stay on site the entire weekend. **Therefore, persons of fragile health, or persons with serious emotional problems should not attempt a weekend.** Where health or other problems do exist it should be clearly stated on the application so that the team can be prepared. All applications are confidential and are destroyed after the weekend.

Applications are attached.

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**UNITED METHODIST WALK TO EMMAUS  
NORTH CENTRAL NEW YORK**

**Application Form (completed with sponsor)**

The Walk to Emmaus is a national ecumenical movement of the United Methodist Church. It provides a method of living, through which one's spirituality may be developed, lived, and shared in any area of human life where there are Christians willing to dedicate their lives to God in an on going manner. The 3-day weekend experience is a joyous introduction into a grouping and supporting community of friends in Christ-men and women who are working to Christianize their environments. Emmaus is designed to make it possible to live what is fundamental for being a Christian to live in union with Christ and desire to bring others to Christ.

Name (please print) \_\_\_\_\_

Nickname (if used) \_\_\_\_\_ Spouse's Name \_\_\_\_\_

Address \_\_\_\_\_  
street city state zip

Phone \_\_\_\_\_ Email Address \_\_\_\_\_

Age \_\_\_\_\_ Occupation \_\_\_\_\_

Home Church \_\_\_\_\_

Church Involvement \_\_\_\_\_

Community Activities/Hobbies \_\_\_\_\_

Has the Follow-up program been explained to you? \_\_\_\_\_

Do you have any health problems, diet, physical, allergies or other needs which we should be advised of? (I.e. special diet, medications, etc.)  
\_\_\_\_\_

Do you have friends or know others who have attended an Emmaus/Cursillo weekend?

Name \_\_\_\_\_ Name \_\_\_\_\_

Name \_\_\_\_\_ Name \_\_\_\_\_

Emmaus is an experience intended to be shared. For this reason, husbands and wives are each asked to fill out applications and send them together although there are separate weekends for men and women. Husbands are expected to make their weekend before their wife makes hers.

This is only an application for an Emmaus Weekend. You will be sent a letter as soon as possible confirming the date and location of a specific Emmaus Weekend opening.

\_\_\_\_\_  
Signature



**UNITED METHODIST WALK TO EMMAUS  
NORTH CENTRAL NEW YORK**

**PASTOR'S RECOMMENDATION**

**Name of Candidate** \_\_\_\_\_

**Pastor's Name** \_\_\_\_\_ **Parish** \_\_\_\_\_

**Address** \_\_\_\_\_ **Phone** (\_\_\_\_\_) \_\_\_\_\_

**Email Address** \_\_\_\_\_

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The weekend is a strenuous one and should not be attempted by someone with psychological or emotional problems. Therefore, we request your *confidential* remarks and recommendations, or non-recommendation, of this candidate. Thank you for your assistance.

How long have you known this person? \_\_\_\_\_ In what capacity? \_\_\_\_\_

In what ways has this person been actively involved in his/her church? \_\_\_\_\_

\_\_\_\_\_

To the best of your knowledge, is there any spiritual, emotional or psychological issue, including possible family or marital difficulties, which might make participation in the weekend *at this time* a concern? Explain: \_\_\_\_\_

Other comments or concerns:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

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\_\_\_\_\_  
Signature