



Candlelight



You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven. Matthew 5:14-16 (NIV)

Bi-monthly Newsletter of the Nashville Emmaus Community, January 2009

Reflection

Paul Henrie, Community Lay Director

It's hard to believe that 2008 is here and gone already, it seems like yesterday that we were preparing for walk 156, the first men's walk of the year. As I reflected on the year and look back at the activities of 2008, I saw a very busy year for the Nashville Emmaus Community that included five very successful walks. We were guided by God's direction all year and especially in the selection of team members and those pilgrims who attended the walks. Not being able to have the Spanish Speaking Walks in the summer was a disappointment but even with that said, as always, we could see God's hands and direction all year.

I would like to thank all of the silent servants that worked unheralded in the background and assisted in the success of these walks.

I would also like to thank all of our board members who worked tirelessly all year to help the Nashville Emmaus Community have a successful year.

And lastly, words can not be expressed on how much I have been blessed and by having the opportunity to work as the Lay Director of the Nashville Emmaus Community.

What a blessing this year has been, Thank you,

De Colores,
Paul Henrie ■

Musician's Training Event

Saturday, Jan. 24

9 am - 11:30 am Hermitage UMC

If you have ever had a desire to help with music on a walk, if you're talented or gifted musically, please come and join us. You do not need to play an instrument to help with the Music on an Emmaus Walk. You DO need a Servant's Heart rather than the ego of a Showman. If you've served on a past walk as a musician, we would love to leverage your insights - please come. Members of the Nashville Board will conduct the training. For more information, contact any Board Member.

New Board Members

Please welcome these newly elected members of the Nashville Emmaus Community Board. They join those whose term has not expired.

Patty Corlew
Janice Denton
Greg Grimsley
Brenda Lockhart

Bruce Meyers
Craig Cardwell
Rev. John Arnold
Rev. Larry Burke

Prayer Requests by Email

Pat Gannis distributes Community prayer requests via email. To be included on her distribution list, please complete and submit the electronic form on the Community website at www.nashvilleemmaus.org/prayeremail.html

*Reunion Group needs are posted on the
Community website
www.nashvilleemmaus.org*

Candlelight is published bi-monthly: Jan., Mar., May, July, Sep., Nov. Deadline for articles is the second week of the month prior to publication. Articles, poems, thoughts about Emmaus, or requests for prayer may be mailed to Newsletter Chairman, Nashville Emmaus Community, P.O. Box 292643, Nashville TN 37229-2643 or submitted via our website at www.nashvilleemmaus.org Articles will be selected on the basis of broad interest to our Emmaus Community.

The newsletter is a significant expense for the community. A donation of \$5.00/family/year is appreciated to offset this expense. Please send your donations to Treasurer, Nashville Emmaus Community, P.O. Box 292643, Nashville TN 37229-2643.



Moving? Address Corrections?

Please send your new address to Nashville Emmaus Community, P.O. Box 292643, Nashville TN 37229-2643. You can also submit your change online at www.nashvilleemmaus.org. When you move and your forwarding time runs out, your newsletter returns to our mailbox. We are charged to send your newsletter and again to have it returned. We cannot get your new address from the post office without paying these fees.

Team Members

**Women’s Walk #158
Oct. 23-26, 2008**

Lay Director
Betty Sue Dooley
Spiritual Director
Diana Dewitt

Team Members

Allen Black
Chip Hunter
Lynn Hinkle
Kimi Brown
Freeda Helton
Jeanie Tucker
Pat Mishler
Christi Campbell
Terri Henri
Allison Ring
Angi Walker
Cindy Smith
Ann Shafer
Kendra Cardwell
Claudia Schooley
Debra Sutton
Freeda Crow
Jana Perry
Kathy Van Buren
Melissa Hunter
Suzanne Lowrey
Sherry Bentley
Iris Peller
Marilyn Burleigh

**Women’s Walk #159
Nov 6-9, 2008**

Lay Director
Peggy Speich
Spiritual Director
Eddie Smotherman

Team Members

Jim Clardy
Holly Potts
Beth Ezell
Sue Johnson
Judy Rockensock
Deborah Mabry
Jenny Shelton
Wendy Peppers
Helen McCord
Donna Thurman
Anne Brown
Whitney Dotson
Diane Belcher
Anita Wollard
Jo Schaffer
Dorthy Scruggs
Maxine Weeden
Frankie Dendler
Doris Birch
Jennifer Grayson
Judy Elgin
Susan Chaney
Karen Hedges
Janice Welchance

Kairos Korner

Dan Preston

“I was in prison and you visited me” (Matthew 25:36)



Servanthood is doing something for or giving something to someone else without expectation of receiving anything in return. Isn’t this what Emmaus teaches and isn’t that exactly what our Lord did for us on Calvary?

In early December Kairos Volunteers and other persons from many different Churches and Christian groups had the privilege of helping to distribute Christmas gifts that had been purchased through donations to inmates at Riverbend Maximum Security Institution in Nashville. These gifts included, but were not limited to, socks, gloves notebook paper and pens and just about every “Little Debbie” type of snacks you can imagine. We also had a few minutes to visit and pray with each person to whom we gave the gifts. The gifts, visits and prayers were well received by the men especially considering it was all done through a pie flap, which is an opening that is approximately 6 inches tall by about 18 inches wide in a solid steel door. The men we

visited with are in Maximum Security Units 3 and 4. These men are “locked down” for twenty three (23) hours a day. Some are in these units for their own protection, and not necessarily because of their crimes or “flight risk”.

We, Kairos, realize that not everyone is called to visit the prisoners or those that are sick or need clothing or are hungry, but we are all called to be a servant. To do one or more of the above is the same as doing it unto Jesus.

This is a very exciting time for Kairos and we would like to share this opportunity for servant hood, excitement and joy in doing God’s work in a very dark and sometimes lonely place.

If this is a ministry that interests you, or you would like for someone to speak to a group at your church please contact: Dan Preston at danpreston@tds.net or (615)754-6148 at home. ■

Would You Like to Take a Walk? (Part II)

by Deb Dillard

Part I appeared in the November 2008 Candlelight. You can read Deb Dillard's entire story on the Community website www.nashvilleemmaus.org

When you get back in the car, you talk about how he had joined you; but you can't really remember where it was or where he came from. He helped you so much to clear your thoughts and help you to focus on what is important to remember. You feel refreshed and alive! You don't really understand what just happened, but you know that you are filled with something more than ice cream. You still don't have the answers, but you know who does. You know that, whatever the future is, it is in God's hands; and you can't wait to tell everyone you know that you want to take a walk with them and tell them about this feeling.

The meaning of the word Emmaus is *warm springs*. Springs were frequently used for healing purposes. Two disciples walked a road called 'Emmaus.' They were troubled as they walked, and were concerned about what they had seen and what they were feeling. A stranger joined them on their travels, and his words helped to heal their troubled souls. They felt so well and happy that they wanted the stranger to stay with them and continue the feeling. Then the time came when they realized it was Jesus who had walked with them, and talked with them, and sat at their table. Then he was gone, but the feelings remained; and they could not travel fast enough back to where their journey had started to share their news.

As Disciples of Christ, we need to slow down; walk slowly; and think about our God. Only then can he catch up with us. If we listen when he speaks, we too will want to have him remain with us longer. He is waiting for us to invite him to stay; he always accepts. And when he reveals himself to us, we are the ones who need to acknowledge who he is: Jesus Christ, the son of God. Then we won't be able to travel fast enough to go tell others.

If you would like to have an experience like this, ask about the *Walk to Emmaus*. You'll have a chance to renew your relationship with Christ, experience God's Grace in new ways, and grow in your spirituality. We invite you to feel what those two disciples felt, and we promise you won't be able to travel fast enough to tell others about it! ■

Keep up to date through the Community website...

www.nashvilleemmaus.org



Coming flights held at Lebanon UMC

Jan. 17	Girls #85 Sendoff	8:00 am
18	Girls #85 Candlelight	8:30 pm
19	Girls #85 Closing	4:00 pm
Feb. 14	Guys #86 Sendoff	8:00 am
15	Guys #86 Candlelight	8:30 pm
16	Guys #86 Closing	4:00 pm

If you have questions or need additional information call Carla Snodgrass at 615-594-2825 or email me at carla.snodgrass@pcat.org.

Fly with Christ! ■

Care Corner



- **Our troops** in the Mideast including SP4 Patrick Graham, SGT Zane Christensen, and SGT Joe Dance.
- **Frank R. Graham**, father of Glen Alan Graham, is suffering from dementia and will have brain surgery Dec. 30.
- **Peggy McFaul** and her grandson were in a head-on collision in Wisconsin. Both have serious injuries.
- **Anne Bates**, dear friend of Denise Skidmore, has been diagnosed with lung cancer.
- **Kaylee Quast**, born Nov. 24, is having muscle problems and is in NICU at Centennial on a feeding tube.
- **Haydon Hall**, 8-year old great nephew of Alee Clark, is in such severe pain that he throws up every time he tries to eat.
- **Victoria Straub**, daughter of Karona and Roger Straub, is having emotional problems.
- **Madison Mulnix**, daughter of Marcy and Tom Mulnix, is continuing to have serious problems with her esophagus.
- **Eddie Haddick**, brother of Patricia Lowry, has cancer and undergoing treatment.
- **Lily**, 8-year old grandchild of Ron and Carol Johnston, has been diagnosed with Lymphatic Leukemia.

The Nashville Emmaus Community

P.O. Box 292643, Nashville TN 37229-2643

www.nashvilleemmaus.org

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Nashville Emmaus Community Newsletter

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SPIRITUAL COMPASS

Rev. Hubert Cunningham, Community Spiritual Director

Every now and then I like to reflect on where I've been and think about where I am going. Perhaps this is a time of year when others will be taking the opportunity to do the same. One of the great privileges I have enjoyed this year is serving as the Community Spiritual Director for the Nashville Emmaus Community. It is truly been a blessing for me since I believe in the in the power of God's love. The Emmaus Walk is one of the most effective ways of communicating that love I have ever discovered (can I hear an amen).

The Nashville Emmaus community sponsored five walks this year. The pilgrims were all filled with God's amazing love and emotions at closing. I know the walk will always be a memorable moment in their lives. I believe it was worth the investments of time, energy and prayer that went into these walks.

It has also been a blessing to serve with Paul Henrie and the other members of our Board of Directors. They have all offered their gifts and talents to help the walks be successful. I am honored to have had the opportunity to serve with such wonderful people.

We had planned to launch two Spanish speaking walks this past summer. I was deeply disappointed that those walks had to be aborted. It is my hope that we will continue to seek ways in the future to expand the community to as

Calendar of Events - 2009

Jan	08	Board Meeting 7:00 pm Upper Room
	18	Chrysalis Girls Candlelight 8:30 pm Lebanon UMC
Feb	12	Board Meeting 7:00 pm Upper Room
	13	Chrysalis Guys Candlelight 8:30 pm Lebanon UMC
Mar	12	Men's #160 Send Off 7:00 pm
	14	Men's #159 Candlelight and Gathering 8:15 pm
	15	Men's #159 Closing 4:30 pm
	26	Women's #161 Send Off 7:00 pm
	28	Men's #161 Candlelight 8:15 pm
	29	Men's #161 Closing 4:30 pm
Apr	13	Board Meeting 7:00 pm Upper Room
	11	Gathering 6:30 pm (Location TBD)
May	08	Board Meeting 7:00 pm Upper Room
	10	Gathering 6:30 pm (Location TBD)
Jun	06	Chrysalis Guys Candlelight 8:00 pm Lebanon UMC
	11	Board Meeting 7:00 pm Upper Room

many people as possible.

My heart and passion is with the Emmaus community. Please remember the community in your prayers, presence and service. It is so rewarding for everyone.

De Colores ■