



Candlelight



You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before men, that they may see your good deeds and praise your Father in heaven.

Matthew 5:14-16 (NIV)

Bi-monthly Newsletter of the Nashville Emmaus Community, March 2009

We Give Thanks

Peter Cassidy, Community Lay Director

To say these are difficult times would be an understatement. Good news is not easy to find. Yet, we have much to be thankful for. On January 24, Angela Hayes held a Musicians Training event. It was a great event. It was well attended and people had lots of questions about leading the music on Walks for which Angela provided much needed clarification. This event is something we should do for the Community on a more regular basis. We give thanks for Angela for her leadership as well as for Louis Barr and his assistance.

Also on January 24, Board members Charlie Greer and Bruce Myers, organized a work day to clean out the Emmaus closet at Hermitage UMC. It's amazing what gets accumulated over the years. About a dozen willing hands spent several hours sifting, sorting, cleaning, and organizing so there is now actually room to move in the closet. We give thanks for Charlie and Bruce and for those who assisted.

For the past three years, Pat Gannis has given her heart to an email prayer ministry for the Community. Prayer requests are emailed to her and she forwards them to Community members. To us on the receiving end this may seem like a simple process, but the technology has been troublesome and Pat has finally had to give up. We give thanks for Pat's generous act of agape. The Board has discussed the situation and, for the time being, we will rely on the website prayer center for dissemination of prayer needs. Prayers sent via the Nashville Emmaus Community website Prayer

Center are posted on the website. Be sure to check the site regularly for Community prayer needs. Prayer works.

We give thanks for Paul Henrie for his faithful and capable leadership of the Nashville Emmaus Community in 2008. I give thanks for Paul's support in getting me organized for 2009 and the comfort in knowing that Paul continues as an ex-officio member of the Board providing continuity and an ongoing source of wisdom.

I recently listened to Bill Bryson's audio book, "A Short History of Just About Everything." In this interesting walk through the history of the universe, Bryson points out how remarkable it is that humankind has managed to survive as planet earth evolved through the ages. What Bryson doesn't mention is the role of the God we celebrate who continues to lead his servants in making this world a better place. Yes, even in these challenging times, we have much to be thankful for.

De Colores
Peter Cassidy

Prayer Requests

Make your requests known. You can post your prayer request on the Nashville Emmaus website.

To leave a request, visit

www.nashvilleemmaus.org/prayerrequest.html

*Reunion Group needs are posted on the
Community website
www.nashvilleemmaus.org*

Candlelight is published bi-monthly: Jan., Mar., May, July, Sep., Nov. Deadline for articles is the second week of the month prior to publication. Articles, poems, thoughts about Emmaus, or requests for prayer may be mailed to Newsletter Chairman, Nashville Emmaus Community, P.O. Box 292643, Nashville TN 37229-2643 or submitted via our website at www.nashvilleemmaus.org Articles will be selected on the basis of broad interest to our Emmaus Community.

The newsletter is a significant expense for the community. A donation of \$5.00/family/year is appreciated to offset this expense. Please send your donations to Treasurer, Nashville Emmaus Community, P.O. Box 292643, Nashville TN 37229-2643.



Moving? Address Corrections?

Please send your new address to Nashville Emmaus Community, P.O. Box 292643, Nashville TN 37229-2643. You can also submit your change online at www.nashvilleemmaus.org. When you move and your forwarding time runs out, your newsletter returns to our mailbox. We are charged to send your newsletter and again to have it returned. We cannot get your new address from the post office without paying these fees.

Team Members

Men's Walk #160 March 12-15, 2009

Lay Director
Dan Preston
Spiritual Director
Loyd Mabry

Team Members

Tom Binford
Tom Haliburton
Lucian (Lou) Lindsey
Joaquin Garcia
Joe Pearson
Jerry Bradberry
Bob Dooley
Mike Malzone
Tom Heard
Galen Medlin
Greg Grimsley
Rob Ring
Mike Eller
Greg Dotson
Jim Vernon
David Bearden
David Mastin
Chuck Scott
Greg Holleran
Vince Settle
Chris Sledge
Barry Sanders
John Armstrong
John England

Women's Walk #161 March 26-29, 2009

Lay Director
Kay Smotherman
Spiritual Director
Melisa Derseweh

Team Members

Regina Hall
Ryan Bennett
Mark Carrigan
Lisa Gwock
Penny Penny
Deanna Lawson
Liselotte Terrell
Kaye McClellan
June Brown
Peggy Cherry
Daliene Burke
Anne Proctor
Neva Boyd
Lisa Hobbs
Robin Carrigan
Gretchen Campbell
Tanya Holleran
Sharon Naylor
Leslie Trail
Mary Dekort
Jayme Sledge
Karen Hedges
Carolyn Millwood
Brenda Burgett

Kairos Korner

Dan Preston

"I was in prison and you visited me" (Matthew 25:36)



Many people have asked "Does Kairos make a difference?" First, we the public, want there to be less need for a prison system, because we want criminal activity to decline. Also, we want to see fewer repeat offenders. If the work of our correctional system succeeds in reducing the rate of repeat offenders, our confidence and support of the system will naturally rise. Kairos weekends conducted according to the Kairos manual have proven to do just that.

Correctional institutions can be a dark and violent place where crimes are committed against correctional officers and other inmates. As the Kairos program begins to have an impact in the daily lives of a growing number of inmates, the prison becomes less and less violent and dark, and Christianity becomes more of a lifestyle. Just as it does with all of those that receive Him.

Since August of 2007, a small group of Kairos volunteers have been meeting on the first Wednesday of the month

with a group of residents (inmates) at Riverbend Maximum Security Institution (RMSI). That means that we have held approximately eighteen "reunion" meetings. Most of the men attending are Kairos Weekend graduates, but some are not. But all of these men are interested in a deeper walk with The Lord.

The local Kairos Committee has been offered (and accepted) a second night each month, which we began on February 17, 2009. To be able to continue with this added evening, and not burn ourselves out, we are in need of more men to volunteer with us. This new opportunity is very exciting and is one more step in gaining permission to conduct weekends at RMSI.

If you or someone you know is interested in an exciting ministry opportunity and bringing hope and light to a very dark place, please contact Dan Preston 615-754-6148 danpreston@tds.net.

SPIRITUAL COMPASS

Rev. Hubert Cunningham, Community Spiritual Director

When we finished our Walk to Emmaus, we were asked two questions. First, "What did this walk mean to you?" Secondly, "What are you going to do with this experience?" We were all filled with God's amazing love and wanted only Jesus and more of Him. Perhaps the 4th days have allowed us to calm down maybe a little too much. We are not as passionate as we once ere. What are we to do to rekindle the flame?

We are entering a very important season on the Christian calendar---Lent. This is a 40 day period (excluding Sundays) that gives us the opportunity to spiritually prepare ourselves for the celebration of Easter. May I suggest that we spend some time during this season to pray and asked God to speak to us His will and way for our lives. It would also be a good time to read and study His word looking for new insights concerning how to be a better Christian disciple. These are only two simple things that we can do that will help us grow in grace and mercy. I believe Lent is God's offer to us to renew our relationship with Him. To rekindle the flame, if you will. When we do, we will truly be able to celebrate the resurrection because we will know that He20lives because He lives within our hearts.

De Colores,
Hubert Cunningham
Community Spiritual Director



Carla Snodgrass, Chrysalis Lay Director

Coming flights held at Fellowship UMC

Jun	05	Girls Sendoff	8:00 am
	06	Girls Candlelight	8:30 pm
	07	Girls Closing	4:00 pm
Sep	05	Guys Sendoff	8:00 am
	06	Guys Candlelight	8:30 pm
	07	Guys Closing	4:00 pm

If you have questions or need additional information call Carla Snodgrass at 615-594-2825 or email me at carla.snodgrass@pcat.org

Fly with Christ! ■

Care Corner



- **Our troops** in the Mideast including SP4 Patrick Graham, SGT Zane Christensen, and SGT Joe Dance.
- **Josiah Zapata and Family.** Josiah has surgery on Feb. 20 to remove his left kidney, the tumor and an adrenal gland. He will begin radiation treatment following the surgery.
- **John Davis** passed away on February 9th. John took his Walk to Emmaus in March 2002, Walk 125. He was active in our community and in his church, Fellowship UMC in Murfreesboro. Remember his wife Teddy, their children and grandchildren.
- **Mike Curtis** has another CT scan. They did not find the reset of the thyroid cancer. On the positive side, Mike says they did not find anything else wrong. They'll retest in late July or early August.

Keep up to date through the Community website...

www.nashvilleemmaus.org

Prayer requests are posted on the Community website
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The Nashville Emmaus Community

P.O. Box 292643, Nashville TN 37229-2643

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Nashville Emmaus Community Newsletter

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NASHVILLE, TN
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**TIME SENSITIVE INFORMATION
PLEASE EXPEDITE**

Community Gathering

Saturday, March 14, 2009

8:15 pm

Men's Walk #160 Candlelight

Hermitage UMC

Calendar of Events - 2009

Mar	12	Men's #160 Send Off 7:00 pm
	14	Men's #160 Candlelight and Gathering 8:15 pm
	15	Men's #160 Closing 4:30 pm
	26	Women's #161 Send Off 7:00 pm
	28	Women's #161 Candlelight 8:15 pm
	29	Women's #161 Closing 4:30 pm
Apr	09	Board Meeting 7:00 pm Upper Room
	11	Gathering 6:30 pm (Location TBD)
May	09	Gathering 6:30 pm (Location TBD)
	14	Board Meeting 7:00 pm Upper Room
Jun	05	Chrysalis Girls Send Off 8:00 am
	06	Chrysalis Girl's Candlelight and Gathering 8:00 pm Fellowship UMC
	07	Chrysalis Girl's Closing 4:00 pm
	11	Board Meeting 7:00 pm Upper Room
Jul	09	Board Meeting 7:00 pm Upper Room
	11	Gathering 6:30 pm (Location TBD)