



**SIGNATURE BOX**

Balanced nutrition and variety with enough food to feed a family of four for a week.

- 1.5 lb. Rib eye Steaks (3 x 8 oz.)
- 1.81 lb. (avg.) Perdue Tray Pack Split Chicken Breast (2 large breasts)
- 4 lb. Chicken Thighs
- 1.5 lb. Pork Chops (4 x 6 oz.)
- 1 lb. 80/20 Lean Ground Beef
- 1.5 lb. 100% White Meat Turkey Burgers (4 x 6 oz.)
- 12 oz. Deli Ham
- 1 lb. Frozen Sweet Potatoes
- 1 lb. Frozen Green Beans
- 15 oz. Pears (Product of U.S.A.)
- 12 oz. Orange Juice Concentrate (100% juice, no sugar added - makes over a quart of juice)
- 3 lb. bag Fresh Idaho Potatoes
- 2 lb. bag Fresh Onions
- 32 oz. 2% Shelf Stable Milk
- Dozen Eggs
- Dessert

**\$30.00**

**SENIOR & CONVENIENCE MEALS**

**For Seniors or People on the Go!**

Ten perfectly seasoned, nutritionally balanced, fully cooked meals—just heat and serve. Each meal has been developed with the dietary needs of senior citizens in mind, and contains 3 oz. of protein, a starch & two vegetables or fruit.

- Country Herb Chicken with Mashed Potatoes, Broccoli & Green Bean Blend
- Beef Stew With Carrots & Potatoes, Brussels Sprouts, Corn/Red Pepper Blend
- Chicken Parmesan with Fettuccini Noodles, Brussels Sprouts & Zucchini
- Mesquite Chicken with Rice/Black Bean Blend, Carrots, Green Beans
- Swedish Meatballs with Pasta, Broccoli Carrots & Red Pepper
- Chicken & Broccoli Alfredo with Carrots, Zucchini/Red Peppers
- Macaroni & Beef with Noodles, Carrots Zucchini/Red Peppers
- Chicken & Rice With Mushroom Sauce, Green Beans, Black Bean/Corn Bread
- Breaded Baked Fish with Wild Rice, Corn & Peas
- Spaghetti & Meatballs with Corn, Peas & Carrots
- Dessert: Assorted Cookies, Strawberry Applesauce, Mixed Fruit Cup, Pineapple Fruit Cup, Grape Juice, Fruit Punch

**\$28.00**

**FROZEN AND DRY MIX ALLERGEN-FREE FOOD BOX**

Processed to eliminate the eight top serious allergens: Peanuts, Soybeans, Milk, Eggs, Fish, Crustacea, Tree Nuts and Gluten (wheat, rye and barley). Great for children and adults!

- Allergen Free Frozen Food Products**
- 1 lb. Breaded Chicken Breast Chunks
  - 1 lb. Breaded Chicken Tenders
  - 1 lb. Breaded Chicken Wings
  - 1 lb. Breaded Steak Fingers
  - 1 lb. Breaded Chicken Fillet Patty

Battered with water, white rice, brown rice, modified tapioca starch, flax seed, sugar, salt, spices, dehydrated garlic, spice extractives/Breaded and oleoresin paprika. Breading is pre-browned in Canola oil.

**Allergen Free Dry Mix Products**

- 1 lb. Pancake/Waffle Mix
- 1 lb. Vanilla Cake Mix
- 1 lb. Blueberry Muffin Mix
- 1 lb. Cobbler Crust Mix

**\$35.00**

**Available For Pre-Order Now!!! Thanksgiving Holiday Box \$36.00**

The Thanksgiving Holiday Box will be featured for pre-order from the beginning of the September order period through October 28, 2009.\* This year we have an exciting menu that we think your friends and family will enjoy and will make a nice gift for anyone that you believe needs a little uplifting around the holidays. This will not affect the normal November order period.

- 7 lb. (avg.) Perdue Roaster
- 2.5 lb. Boneless Netted Ham
- 2 lb. Frozen Diced Sweet Potatoes
- 3.5 lb. (avg.) Frozen Corn Cobbett's (12)
- 2 lb. Frozen Green Beans
- 1 lb. Frozen Cranberries
- 17 oz. Ready to Cook Corn Bread Dressing
- 8 ct. Heat and Serve Large Dinner Roll
- 4.5 oz. Brown Gravy Mix
- 1 Dessert Item (Pie or Cake)
- 1 Recipe Sheet with scripture

\*All boxes will be delivered in November

**SEPTEMBER SPECIAL #1**

**\$23.00**

**7 lb. Assorted Meat Grill Box**

- 1.5 lb. Bone In New York Strip Steaks (2 x 12 oz.)
- 2 lb. Baby Back Pork Rib
- 2 lb. Lean Hamburger Steaks (4 x 8 oz.)
- 1.5 lb. Italian Sausage with Cheese

**SEPTEMBER SPECIAL #2**

**\$22.00**

**5 lb. Assorted Meat & Chicken Combo**

- 2 lb. New York Strip Steaks (4 x 8 oz.)
- 1.5 lb. Bacon Wrapped Ribeye (4 x 6 oz.)
- 1.5 lb. Bacon Wrapped Chicken Filet (4 x 6 oz.)

**SEPTEMBER SPECIAL #3**

**\$21.00**

**11 lb. Random Size Split Chicken Breast Box**

- 11 lb. Split Chicken Breast (20-24 ct.)

**SEPTEMBER SPECIAL #4**

**\$22.00**

**Fresh Fruit and Veggie Box**

- 1 head Premium New York State Green Cabbage
- 3 lb. Premium Idaho Baking Potatoes
- 2 lb. Premium Western Grown Yellow Onions
- 1 lb. Premium New Crop Carrots
- 1 Premium Extra Large New Crop Butternut Squash
- 4 Premium New Crop Bartlett Pears
- 3 lb. Premium New Crop Golden Delicious Apples
- 3 lb. Premium New Crop McIntosh Apples
- 1 Premium California Vine-Ripened Cantaloupe
- 1 Premium Haas Avocado
- 1 Premium Tree Ripened Mango
- 6 1.5 oz. Package California Seedless Raisins
- 1 pkg. Uncle Wiley's Homemade Apple Pie Spice

**ORDERING DATES:**

During Regular Office Hours - Mon. - Thur. 9-5 (closed for lunch 12-1) Monday, Aug. 31 - Monday, Sept. 14.

Please call if you need to order at another time.

DISTRIBUTION DAY: Saturday, Sept. 26, 2009, 11 a.m. - Noon

Any order not picked up by Noon will be considered a donation.

Angel Food Ministries reserves the right to substitute any of the above items due to availability, cost and quality.