



NEWS FROM BETHEL

OCTOBER 13, 2009

BETHEL UNITED METHODIST CHURCH
217 S. HICKORY ST. SHANNON, IL 61078

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Newsletter Deadline
Fridays at 12 noon

Call: 815-864-2581

E-mail:
bumc@frontiernet.net

SUNDAY, OCTOBER 18TH
LAITY SUNDAY
9 AM TRADITIONL WORSHIP
11 AM CONTEMOPARY WORSHIP



FLU SHOTS
OCTOBER 20TH, 2009

9:30—11:30 AM

WESLEY CHAPEL

Mark the Calendar

Plan to get your shot

Cost: \$25

Insurance: Medicare Part B, and the Medicare HMO's accepted by FHN.

Bring insurance card AND photo ID, or second form of identification.

*Our Mission is to: know, serve & love Christ within my self,
family, church, community and the world.*

We Remember in our Prayers . . .

Susan Nicol Hilmer	Pam Jackson
Denny Erickson (Bonnie Walker's brother)	Sarah Bunkelmann
Carolyn Deininger	Bill Artman
Carol Martz	Ila Dornbush
Maurita Scharman	Barb Woessner
Shelly Zubler	Charlene Frey
Kim Alexander	Mary Johnson
Bill & Velma Norton	Evelyn Robert
Shirlee Alexander	Joe Hammer
John Heeren	Kip Elbert
Arthur Wilkosz	Ardis Smith
Mike Thede	Nicole Keckler
Beverly Kent	Larry Robinson
Roger Artman	Lucille Robinson
David Moll	Jimmy Wallace
Harold Heeren	Jordan Geisler
Rena Kampen	

We also pray for . . .

- + Persons in the Service—especially in Iraq and Afghanistan.
- + Those in Nursing homes and Care facilities.
- + Family and friends of
Marion Coon (Sandy Schryver's Sister-in-Law)

Susan Nicol Hilmer is in our prayers as her cancer has returned. Cards of encouragement may be sent to her at: 2210 Preakness Ave.

Capitola, CA 95010

Denny Erickson was hurt in an accident at work with serious injury to his leg.

Lay Leaders

October 18, 2009

Ushers: Paul Meier, Harold Schryver, Al Thede

Head Usher: Paul Meier

Organist: Barb Woessner

Guest Speaker Dawn Barr

Reader: Deb Foust

Special Music: Choir

Greeters: Dennis & Carol Endress

Sound: Bill & Katie Woessner

REFRESHMENTS: Crusaders Class

Events & Meetings . . .

Wednesday, October 14th

11:00 a.m.	Staff Meeting (change)
3:30-5 p.m.	Kid's Klub at church
6:30 p.m.	Choir (note date change)

Thursday, October 15th

6:30 p.m.	Kid's Praise Team
7-9 p.m.	Neighborhood Meeting at Lawrence Woessner's

Friday, October 16th

	Newsletter Deadline
6:00 p.m.	Wedding Rehearsal

Saturday, October 17th

2:30 p.m.	Thorngren/Robinson Wedding
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Sunday, October 18th *LAITY SUNDAY*

9:00 a.m.	Worship
10:00 a.m.	Sunday School
11:00 a.m.	Contemporary Worship
1—6 p.m.	St. Wendelin Ham Dinner

Monday, October 19th

2:00 p.m.	Memorial Service for Keith Sturtevant in Wesley Chapel
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Tuesday, October 20th

9:30 a.m.	Newsletter assembly
9:30—11:30 a.m.	Flu Shots - Wesley Chapel -
7:00 p.m.	Nominations Meeting

Wednesday, October 21st

8—10 a.m.	Staff Meeting
3:00 p.m.	UMW Mission Meeting at Darlene Johnson's

The special offering for the Trustees on October 11th totaled \$1,796. *Thank you*

Stewardship Corner

<u>Oct. 11th</u>	<u>11:00 a.m.</u>	<u>Budget</u>
	??	\$ 4,565

**MISSION SUNDAY
NOVEMBER 1ST
BAKED POTATO DINNER
Serving from 11 a.m.—1 p.m.**

U M W MISSIONS MEETING

The UMW Missions committee will meet Wednesday, October 21st at 3:00 p.m. at Darlene Johnson's.

**MEMORIAL SERVICE
for Keith Sturtevant**

A memorial service for Keith Sturtevant will be held on his birthday, October 19th at 2:00 p.m. Keith, a former member of Bethel, died in Colorado on June 24th. The service will be held in Wesley Chapel.

**WAYS AND MEANS
FUND RAISERS**

The Ways and Means Committee is starting the "Thermometer" again. This time the goal is \$15,000 for the church budget. The first event is the "Cinnamon Roll" sale. Then there's some talk about \$20 bills. ? Are you ready for a challenge? Watch for details in the coming weeks.

RESTAURANT PROMOTIONS

Fast Eddie's Take in your church bulletin for \$1 off Sunday brunch. Church with most bulletins and the end of the quarter wins pizza party. Bethel won in the 3rd Quarter!

Market Street Bistro Present certificate (available by the church office) at Sunday breakfast buffet, to earn \$1 donation back to church.

**GYM & BINGO NIGHT
EVENT FOR ALL AGES**

4:30—5:30 p.m.

Join us at the Middle School Gym
Fun and Games

5:00 p.m.

Serving Refreshments at Church
Hot Dogs, BBQ, Chips, Drink

5:30—6:30 p.m.

Bingo in Fellowship Hall
EVERYONE WELCOME



CINNAMON ROLLS

\$1 EACH

SUNDAY, OCTOBER 25TH

**Order in advance to be sure
to get your rolls:**

Deb 864-2279

Church 864-2581

Baked, or Frozen (ready to bake)

For questions regarding health related topics contact Blondena Best, Parish Nurse 815-238-0691.

October is . . .

Vegetarian Awareness Month

National Apple Month

Spina Bifida Awareness Month

Spina bifida is a major birth defect of a baby's spine. It is one of the most common, permanently disabling birth defects in the United States.

Spina bifida occurs within the first few weeks of pregnancy, often before a woman knows she is pregnant. It happens when the spine and back bones do not close all the way. As a result, the spinal cord and back bones do not form as they should. A sac of fluid comes through an opening in the baby's back. Much of the time, part of the spinal cord is in this sac and it is damaged.

Most children with spina bifida live full lives, though they often have lifelong disabilities and need many surgeries. Some of the problems that a person born with spina bifida might face include:

- Not being able to move lower parts of their body. Some may need the assistance of crutches, braces, or wheelchairs to get around.
- Loss of bowel and bladder control.
- Fluid building up and putting pressure on the brain (hydrocephalus), which needs to be fixed with an operation.
- Learning disabilities
- Allergy to latex

All children born with spina bifida don't have the same needs. Some children have problems that are much more severe than others. Even so, with the proper care, most of these children will grow up to lead full and productive lives.

Preventing Spina Bifida

Most, but not all, cases of spina bifida can be prevented.

Folic acid is a B vitamin that the body needs to make healthy new cells. If a woman has enough folic acid in her body *before and during pregnancy*, her baby is less likely to have spina bifida or another defect of the brain or spine. Women need to take folic acid every day, starting before they get pregnant.

Every woman who could possibly get pregnant should talk to her doctor about getting enough folic acid.

NOTE: My oldest grandson, Xander, was born with spina bifida 5 years ago. It is amazing what surgeons and doctors have learned to do. Xander was born with the worst form of the defect, yet he is walking with the help of braces, and even running (pretty fast too). He has a lot of treatment and many challenges ahead of him as do so many children born with spina bifida. The good news is there is so much doctors can do and much support is available for families of children born with spina bifida.

Sue Riebock

SHANNON CHAMBER OF COMMERCE

BAKE SALE

Friday, October 16th

9 a.m.—3 p.m.

(or til gone)

First State Bank in Shannon

NEW ADDRESS

Barry and Jean Meyers have moved to:

23-3 Lake Carroll Blvd.

Lanark IL 61046

REMEMBER TO GET YOUR FLU SHOT—OCT. 20—WESLEY CHAPEL 9:30-11:30 AM